

# ALLERGEN IDENTIFICATION TABLE

Food Item	Allergen
<b>Baguettes</b>	
<p><b>Baguette- Chicken &amp; Bacon</b></p> <p><i>Calories-628</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Baguette- Sriracha Chicken</b></p> <p><i>Calories-626</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Baguette- Pastrami &amp; Emmental</b></p> <p><i>Calories-707</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Baguette- Chimichurri Chicken &amp; Avocado</b></p> <p><i>Calories-638</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Sulphur Dioxide and Sulphites</li> <li>• Mustard</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>

<p><b>Baguette- Dijon Tuna</b></p> <p><i>Calories-601</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Fish, Crustaceans and Molluscs e.g. all fish, prawns, lobster, crab, clams, langoustines, mussels, oysters</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Baguette- Roast Tomato &amp; Cheese</b></p> <p><i>Calories-572</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Sulphur Dioxide and Sulphites</li> <li>• Other nuts, e.g Walnut, Cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b><u>Pies</u></b></p>	
<p><b>Chunky Steak Pie</b></p> <p><i>Calories-554</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Sulphur Dioxide and Sulphites</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Celery and Celeriac e.g. stalks, seeds &amp; leaves</li> </ul>
<p><b>Chunky Chicken Pie</b></p> <p><i>Calories-510</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Butter Chicken Pie</b></p> <p><i>Calories-517</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Eggs</li> <li>• Celery and Celeriac e.g. stalks, seeds &amp; leaves</li> <li>• Mustard</li> </ul>

<p><b>Steak &amp; Guinness Pie</b></p> <p><i>Calories-540</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Eggs</li> <li>• Celery and Celeriac e.g. stalks, seeds &amp; leaves</li> <li>• Mustard</li> </ul>
<p><b><u>Pasty's</u></b></p>	
<p><b>Red Thai Chicken Pasty</b></p> <p><i>Calories-726</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Mustard</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Cheese &amp; Onion Pasty</b></p> <p><i>Calories-737</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Chorizo, Chicken &amp; Bacon Pasty</b></p> <p><i>Calories-712</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Mustard</li> </ul>
<p><b>Cauliflower, Broccoli &amp; Cheese Pasty</b></p> <p><i>Calories-756</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Mustard</li> <li>• Celery and Celeriac e.g. stalks, seeds &amp; leaves</li> </ul>
<p><b>Haggis Pasty</b></p> <p><i>Calories-761</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>

<p><b>Peppered Steak Pasty</b></p> <p><i>Calories-685</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Large Traditional Pasty</b></p> <p><i>Calories-811</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Small Traditional Pasty</b></p> <p><i>Calories-533</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Spicy Vegetable Pasty</b></p> <p><i>Calories-667</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b>Lamb &amp; Mint Pasty</b></p> <p><i>Calories-723</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Mustard</li> <li>• Celery and Celeriac e.g. stalks, seeds &amp; leaves</li> <li>• Sulphur Dioxide and Sulphites</li> </ul>
<p><b>Steak &amp; Stilton Pasty</b></p> <p><i>Calories-726</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b><u>Premier Sausage Rolls</u></b></p>	
<p><b>Vegan Sausage Roll</b></p> <p><i>Calories-505</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Sulphur Dioxide and Sulphites</li> </ul>
<p><b>Jumbo Sausage Roll</b></p> <p><i>Calories-551</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Sulphur Dioxide and Sulphites</li> </ul>

<b><u>Home-made Sausage Rolls</u></b>	
<b>Caramelized Onion &amp; Feta Sausage Roll</b>  <i>Calories-373</i>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Eggs</li> <li>• Mustard</li> <li>• Sesame seeds</li> </ul>
<b>Haggis Sausage Roll</b>  <i>Calories-469</i>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Eggs</li> <li>• Mustard</li> </ul>
<b>Chilli Jam &amp; Cheese Sausage Roll</b>  <i>Calories-425</i>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Eggs</li> </ul>
<b>Spinach, Sweet Potato &amp; Chickpea</b>  <i>Calories-324</i>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Eggs</li> <li>• Sesame seeds</li> </ul>
<b><u>Breakfast Bakes</u></b>	
<b>Croissant</b>  <i>Calories-328</i>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Eggs</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Sesame seeds</li> </ul>

<p><b>Maple Bacon &amp; Mushroom Croissant</b></p> <p><i>Calories- 526</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Eggs</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Sesame seeds</li> </ul>
<p><b>Pain Suisse</b></p> <p><i>Calories-399</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Eggs</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Sesame (TRACES)</li> </ul>
<p><b><u>Breakfast Baps</u></b></p>	
<p><b>Bap- Bacon</b></p> <p><i>Calories-315</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Milk</li> <li>• Sesame seeds</li> </ul>
<p><b>Bap- Lorne Sausage</b></p> <p><i>Calories-604</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Milk</li> <li>• Sesame seeds</li> </ul>
<p><b>Bap- Free Range Egg</b></p> <p><i>Calories-396</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Milk</li> <li>• Sesame seeds</li> <li>• Eggs</li> </ul>

<p><b>Bap- Full Scottish</b></p> <p><i>Calories-768</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Milk</li> <li>• Sesame seeds</li> <li>• Eggs</li> </ul>
<p><b>Bap- Bacon &amp; Sausage</b></p> <p><i>Calories-435</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Milk</li> <li>• Sesame seeds</li> </ul>
<p><b>Bap- Cornish</b></p> <p><i>Calories-561</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Milk</li> <li>• Sesame seeds</li> <li>• Eggs</li> </ul>
<p><b><u>Paninis</u></b></p>	
<p><b>Panini- Haggis</b></p> <p><i>Calories-640</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Sesame seeds</li> </ul>
<p><b>Panini- Chipotle Chicken</b></p> <p><i>Calories-644</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Sesame seeds</li> </ul>

<p><b>Panini- Chicken &amp; Bacon Jam</b></p> <p><i>Calories-761</i></p>	<ul style="list-style-type: none"> <li>• Sulphur Dioxide and Sulphites</li> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Sesame seeds</li> </ul>
<p><b>Panini- Nduja Red Pepper</b></p> <p><i>Calories-703</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Sesame seeds</li> </ul>
<p><b>Panini- Dijon Tuna</b></p> <p><i>Calories-624.05</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Sesame seeds</li> <li>• Fish, Crustaceans and Molluscs e.g. all fish, prawns, lobster, crab, clams, langoustines, mussels, oysters</li> </ul>
<p><b>Panini- Chimichurri Roast Veg</b></p> <p><i>Calories-668.02</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Sesame seeds</li> <li>• Sulphur Dioxide and Sulphites</li> </ul>
<p><b><u>Focaccia Sandwiches</u></b></p>	

<p><b>Focaccia-Cheese &amp; Tomato</b> <i>Calories-774</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Mustard</li> <li>• Sesame seeds</li> <li>• Sulphur Dioxide and Sulphites</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> </ul>
<p><b><u>Wraps</u></b></p>	
<p><b>Wrap-Hot Honey Chicken &amp; Pepperoni</b> <i>Calories-731</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Mustard</li> <li>• Eggs</li> </ul>
<p><b>Wrap- Mediterranean Veg Wrap</b> <i>Calories-541</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Mustard</li> <li>• Eggs</li> <li>• Sesame Seeds</li> </ul>
<p><b>Wrap- Spicy Chipotle</b> <i>Calories-664</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Mustard</li> </ul>
<p><b><u>Pizza Slice</u></b></p>	
<p><b>Pizza Slice- Meat Feast</b> <i>Calories-974</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> </ul>
<p><b>Pizza Slice- Spicy Nduja</b> <i>Calories-1003</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> </ul>
<p><b>Pizza Slice- Mozzarella &amp; Tomato</b> <i>Calories-996</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b><u>Salads</u></b></p>	

<p><b>Potato Salad Pot</b></p> <p><i>Calories- 497</i></p>	<ul style="list-style-type: none"> <li>• <b>Milk</b></li> <li>• <b>Eggs</b></li> <li>• <b>Sesame Seeds</b></li> <li>• <b>Mustard</b></li> </ul>
<p><b>Quinoa Salad Pot</b></p> <p><i>Calories- 324</i></p>	<ul style="list-style-type: none"> <li>• <b>Cereals containing Gluten e.g. wheat, rye, barley, oats (Traces)</b></li> <li>• <b>Milk</b></li> <li>• <b>Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</b></li> <li>• <b>Mustard</b></li> <li>• <b>Sesame Seeds</b></li> <li>• <b>Soya e.g. flour, tofu or bean curd, textured soya protein, soy sauce, edamame beans</b></li> <li>• <b>Sulphur Dioxide and Sulphites</b></li> </ul>
<p><b><u>Cakes ( Bako, CressCo &amp; JB's)</u></b></p>	
<p><b>Caramel Yum-yums</b></p> <p><i>Calories-295</i></p>	<ul style="list-style-type: none"> <li>• <b>Cereals containing Gluten e.g. wheat, rye, barley, oats</b></li> <li>• <b>Eggs</b></li> <li>• <b>Milk</b></li> <li>• <b>Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</b></li> <li>• <b>Sesame seeds</b></li> </ul>
<p><b>Cronuts</b></p> <p><i>Calories-415</i></p>	<ul style="list-style-type: none"> <li>• <b>Cereals containing Gluten e.g. wheat, rye, barley, oats</b></li> <li>• <b>Eggs</b></li> <li>• <b>Milk</b></li> <li>• <b>Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</b></li> <li>• <b>Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</b></li> <li>• <b>Mustard (TRACES)</b></li> </ul>

<p><b>Strawberry &amp; Rhubarb Slice</b></p> <p><i>Calories-346</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Lupin Seeds and Flour (TRACES)</li> <li>• Peanuts (TRACES)</li> </ul>
<p><b>Apple &amp; Almond Slice</b></p> <p><i>Calories-294</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans</li> <li>• Lupin Seeds and Flour (TRACES)</li> <li>• Peanuts (TRACES)</li> </ul>
<p><b>Chocolate Hazelnut Cannoli</b></p> <p><i>Calories-131</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Mustard (TRACES)</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean</li> </ul>
<p><b>Pistachio Cannoli</b></p> <p><i>Calories-132</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Mustard (TRACES)</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean</li> </ul>

<p><b>Lemon Cannoli</b></p> <p><i>Calories-133</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Mustard (TRACES)</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean</li> </ul>
<p><b>Chocolate Meringues</b></p> <p><i>Calories-250</i></p>	<ul style="list-style-type: none"> <li>• Milk (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean</li> <li>• Eggs</li> </ul>
<p><b>Raspberry White Chocolate Meringues</b></p> <p><i>Calories-258</i></p>	<ul style="list-style-type: none"> <li>• Milk (TRACES)</li> <li>• Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean</li> <li>• Eggs</li> </ul>
<p><b><u>Home-made Cakes</u></b></p>	
<p><b>Fudge Brownie</b></p> <p><i>Calories-507</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Raspberry White Chocolate Blondies</b></p> <p><i>Calories-454</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Chocolate Guinness Cake</b></p> <p><i>Calories-678</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>

<p><b>Carrot &amp; Walnut Cake</b></p> <p><i>Calories-767</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>Pistachio Oat Bars</b></p> <p><i>Calories-618</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>Lemon Meringue Cheesecakes</b></p> <p><i>Calories-378</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Caramel Shortcake</b></p> <p><i>Calories-395</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Raspberry Dark Chocolate Macaron</b></p> <p><i>Calories-175</i></p>	<ul style="list-style-type: none"> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>White Chocolate Pistachio Macaron</b></p> <p><i>Calories-180</i></p>	<ul style="list-style-type: none"> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>Lemon Macaron</b></p> <p><i>Calories-180</i></p>	<ul style="list-style-type: none"> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>

<p><b>Chocolate Biscoff Macaron</b></p> <p><i>Calories-190</i></p>	<ul style="list-style-type: none"> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> </ul>
<p><b>Cranberry Oat Cookie</b></p> <p><i>Calories-292</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>Belgium Choc Chip Cookie</b></p> <p><i>Calories-505</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Cranberry Pistachio Biscotti</b></p> <p><i>Calories-409</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>Tubs-Tiramisu</b></p> <p><i>Calories-426</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Tubs-Panna Cotta</b></p> <p><i>Calories-434</i></p>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Eggs</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>

<p><b>Tubs-Banoffee</b></p> <p><i>Calories-673</i></p>	<ul style="list-style-type: none"> <li>• Milk</li> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Tubs-Cheesecake</b></p> <p><i>Calories-710</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>Tubs-Chocolate Mousse</b></p> <p><i>Calories-508</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts</li> </ul>
<p><b>Basque Burnt Cheesecake</b></p> <p><i>Calories-439</i></p>	<ul style="list-style-type: none"> <li>• Eggs</li> <li>• Milk</li> </ul>
<p><b>Brownie Basque Cheesecake</b></p> <p><i>Calories-722</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Tiramisu Cheesecake</b></p> <p><i>Calories-627</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> <li>• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</li> </ul>
<p><b>Biscoff Chocolate Cupcake</b></p> <p><i>Calories-628</i></p>	<ul style="list-style-type: none"> <li>• Cereals containing Gluten e.g. wheat, rye, barley, oats</li> <li>• Eggs</li> <li>• Milk</li> </ul>

<p><b>Salted Caramel White Chocolate Tart</b></p> <p><i>Calories-760</i></p>	<ul style="list-style-type: none"> <li>• <b>Cereals containing Gluten e.g. wheat, rye, barley, oats</b></li> <li>• <b>Milk</b></li> <li>• <b>Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</b></li> </ul>
<p><b>Raspberry &amp; Lemon Éclair</b></p> <p><i>Calories-618</i></p>	<ul style="list-style-type: none"> <li>• <b>Cereals containing Gluten e.g. wheat, rye, barley, oats</b></li> <li>• <b>Milk</b></li> <li>• <b>Eggs</b></li> <li>• <b>Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</b></li> </ul>
<p><b>Double Chocolate Éclair</b></p> <p><i>Calories- 728</i></p>	<ul style="list-style-type: none"> <li>• <b>Cereals containing Gluten e.g. wheat, rye, barley, oats</b></li> <li>• <b>Milk</b></li> <li>• <b>Eggs</b></li> <li>• <b>Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)</b></li> </ul>